

Jexys Juniors

Ofsted Registered Childminding Service

Television Policy

I limit the time children in my care are permitted to watch television. Each session is limited to half an hour and may or may not be used during the following times:

- A short session at drop off to aid easy settling in
- A short session after lunch to provide the children with a quiet time to rest and allow their dinner to go down
- A short session after the school pick up to give the older children an opportunity to re-charge their batteries and enjoy a healthy snack

If a child is feeling a little off colour and needing more rest then it may be appropriate for them to watch more television that day.

I ensure that any programmes watched are suitable for all the children in my care. If your child wants to bring a DVD or video to watch at my house please check with me first as it must be appropriate viewing for the younger children.

Recent research has shown that excessive watching of TV can actually cause problems for some children. It can affect their social and communication skills, as there is no interaction. Television is very fast and children get used to this pace of entertainment, this can then result in them becoming bored and frustrated at the slower pace of school teaching.