



**Ofsted Registered Childminding Service**

## **Dental Hygiene Policy**

Recent research shows that 38 % of five year olds in England had experienced tooth decay.

As an Ofsted Registered Childminder I am very aware of the need to follow good oral hygiene practices and to avoid eating foods and drinks with high sugar content.

I would like to support you in training your child to clean their teeth regularly and therefore if you would like me to help your child clean their teeth after meals whilst in my care please let me know and I will do this. In this instance I would be grateful if you would therefore provide me with a suitable toothbrush, toothpaste and a small plastic beaker. I will advise you when the toothpaste is running low or the brush needs replacing.

I also ensure that the children in my care are not given food containing high levels of sugar. I do not permit fizzy drinks and will wean children from drinking from bottles with teats as continued sucking of juice can damage teeth. I will work with you to encourage your child to drink from a beaker or trainer cup.

Further information and support can be found on the website: [www.stop-the-rot.co.uk](http://www.stop-the-rot.co.uk)